

Lesson 5.

Relationships with Women – The do's and don'ts

“The grass always looks greener on the other side, however, more often than not, once you get over there you will find you are standing on Astroturf.” ~ Unknown

“There are two types of women in the world; those who want healthy, mutually beneficial relationships and those who don't. Forget what they tell you, let their actions show you.” ~

David Dixon

LEARN TO RECOGNIZE GOOD WOMEN

The best advice I can give you is: quickly figure out what a good young lady is and what a good young lady is not. Learn to recognize the differences and don't fool with the other types. Some females are good, some are bad, and some are just plain scandalous, deceitful, conniving, and manipulative. When you recognize those character traits; run, don't just walk away!

On the other side of the coin, more often than not, behind every good man, is a wonderful, solid, loving and caring woman. She is a champion, a helper, a partner, and super power in his life. This is the type of woman you should want and strive to find.

All the same, before you get there, you need to understand this; men have two heads. Make sure you think with the one on top of your shoulders because if the other drives you, as it can, you may find yourself in a world of trouble! Believe me when I say all that glitters is not gold. Every fine, attractive young lady you see who looks good on the outside doesn't necessarily look as fine and attractive on the inside!

THE BEST TYPE OF WOMAN FOR YOU

I want to strongly encourage you to think long and hard about the type of woman you want and then compare that with the type of woman you need. Sometimes there are drastic differences. I'm speaking from personal experience and it is something I struggled with for years. The type of woman I am attracted to, quite frankly, isn't good for me, and it took me years to figure that out. No, I don't feel like I have "settled" by choosing the type of woman that is good for me. I finally figured out I could have it all; beauty, brains, and personality. I also realized in order to do so, I had to become more mature and take more time before deciding to jump into a relationship.

There are certain questions you need to ask yourself about the young lady's you meet. How deep is she? Is she interested in me as much as I am in her? How does she manage anger? How responsible is she? Does she lie? Does she treat me the same way in public as she does in private? What are her friends like? (Often this can give you substantial insight into her character.)

THE IMPORTANCE OF DATING

Although it took some time and dating around to get this point, I've become smarter about dating as I've gotten older. Initially, I didn't recognize I had an issue with dating the wrong types of women. I'm probably not alone. I doubt most men go out and immediately start dating the right kinds of women who are the best for them. That is why it's called "dating." Most guys I know had to learn how to date and make better choices in selecting women they get along well with.

To be clear, when I say, "learn," I'm not just talking about you learning how to make better choices in selecting women you want to date. I am talking about you learning how to be a better man and better at dating period. You'll have to learn what discussions or arguments are worth the effort and energy. Most

arguments are simply not that important and you will need to learn when to let them go. You will have to learn to compromise on some things and be more flexible on others, based on what you find you need in a relationship.

Like most things in life, this is a journey. You will have to continuously learn from your mistakes and poor choices until you figure it out. Hopefully, you will also leverage knowledge you've learned from watching me make some of my mistakes. Nevertheless, be patient with yourself. No one can expect to be a good painter, driver, artist or mathematician if they've only tried each of them three or four times.

Knowing the difference between the types of women you want or are attracted to, versus the types of women you need and who are good for you, takes some emotional maturity. You can have both; just know you have to keep your head on top of your shoulders in charge. If you do that, I promise you, your quality of life will be substantially better.

You will have to work at having a quality relationship. You will also have to define what a quality relationship is for you.

It is important that you choose a young lady who has balance. This would be the type of young lady who cares just as much about her hair as her heart. This would be the kind of young lady who cares as much about her nails, makeup, clothes, and shoes, as her soul and inner beauty. Each of us has something known as our "essence." Your essence is who you are as a man and her essence is who she is as a young lady. You want a young lady who has an essence that resembles yours and who brings out the best in you. These are the best pieces of advice I can share with you, along with some rules below:

RULE ONE: DATE YOUNG WOMEN NOT WHORES

I know this sounds harsh, but it's true; date young women, not whores. (A little side note for you; men can be whores too! Don't you be one!) A whore is generally referred to as a person who sleeps around with little discretion. Any man can have a whore, that's why they call them whores. Keep in mind there are several other variations of whores, not just the sexual ones. There are those who are only concerned about: getting money, manipulating people, playing games, doing drugs, and the list goes on. These types of women are nothing special, nor do they deserve you. They come a dime a dozen and frankly, can be very distracting. Develop the right radar to recognize them. Say hello and keep it moving.

Many young ladies will be willing to share their bodies with you. What you need to understand is that more often than not, they are sharing their bodies with other men while also sharing other things with you; like sexually transmitted diseases. Don't think some young lady is doing you a favor because she "puts out." Chances are if she is putting out for you, she's putting out for others too.

I'm truly sorry to bust your bubble, but to the above types of women, son, you are just not that special. This is the problem with many young and even older men; we think we are significantly more

special than we are. We believe our smooth talking ways are so much better than the next guy. When in actuality, the young ladies we are hooking up with are just as indiscriminate about who they choose to sleep with as many of us. These young ladies are looking for a man to hook up with and you fit the bill. Once she gets what she wants, she'll be gone; although that doesn't mean she may not leave you with something you don't want or can't get rid of. Do not get it twisted!